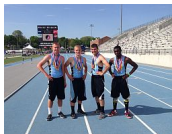


## L-S Hawks bring home double gold from the Blue Oval

Wednesday, 04 June 2014 19:07

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Fifteen members of the Lynnville-Sully boys and girls track team proved they are among the best in Class 1A with a remarkable showing and lightning-fast finishes at the state track meet held May 22-24 at the Drake University Blue Oval.

For the first time since 1993, Lynnville-Sully athletes were crowned state champions, claiming the titles of the 100m (Meliek Meyer) and the boys 4x100 (Bailee Samson, Sage Ehresman, Caden Doll, and Meliek Meyer, shown at right). The speedy group ran the event in 43.92 seconds, the fastest time ran in school history and Class 1A this year. Meyer is also the 100m state champion.

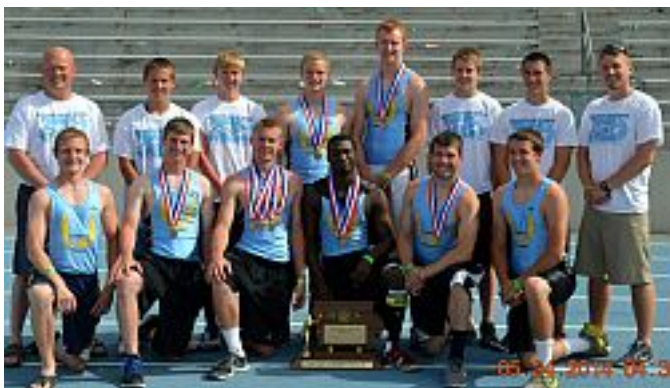
L-S track stars were among place finishers in several other state events, including a third-place overall team finish for the boys team. The 2014 memorable and successful state track meet will go down in the record books for the L-S track teams.

The 4x800 girls' eighth-place finish overall by Kasiah Ehresman, Cori Rice, Tara Vos, and Madison Rasmusson, and Lizzy Van Manen's sixth-place discus throw are only the second and third events to score at state in the seven seasons L-S Coach Darin Arkema has been at the helm.

Junior standout Madison Rasmusson raced in four total events at state.

Darin Hofer was seventh in the 110m hurdles, the first L-S high hurdles medal in 10 years.

Following are all the results of all the Lynnville-Sully events at the state meet.



**BOYS - 3RD PLACE TEAM (shown at right)**

- 100-meter dash: Meliek Meyer, 11.13, 1st | Bailee Samson, 11.56, 3rd
- 200-meter dash: Meliek Meyer, 22.56, 2nd | Bailee Samson, 22.79, 4th

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- 110-meter hurdles: Darin Hofer, 15.64, 7th | Caden Doll, 15.99, 10th
- Shuttle hurdle relay: Caden Dunsbergen, Noah Engle, Darin Hofer, Caden Doll, 1:02, 10th
- 4x100 relay: Bailee Samson, Sage Ehresman, Caden Doll, Meliek Meyer, 43.92, 1st
- 4x200 relay: Payton Haack, Meliek Meyer, Brandon Dunsbergen, Bailee Samson, 1:32, 2nd
- 4x400: Payton Haack, Darin Hofer, Brandon Dunsbergen, Caden Doll, 3:37, 19th



### GIRLS

- Discus: Lizzy Van Manen, 113'11", 6th
- 400-meter dash: Madison Rasmusson, 1:03, 17th
- 800-meter run: Madison Rasmusson, 2:27, 12th
- 1500-meter run: Alexa Vander Leest, 5:18, 17th
- 3000-meter run: Alexa Vander Leest, 11:28, 18th
- 4x400 relay: Kasiah Ehresman, Tara Vos, Cori Rice, Madison Rasmusson, 4:18, 18th
- 4x800 relay: Kasiah Ehresman, Cori Rice, Tara Vos, Madison Rasmusson, 10:13, 8th
- Distance medley relay: Lizzy Van Manen, Kasiah Ehresman, Cori Rice, Tara Vos, 4:37, 20th